

North Shore Youth Council

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P.O. Box 1286
 Rocky Point, NY 11778
 631-744-0206
www.nsync.com

Dedicated to helping youth and families cope in today's changing world.

Happy fall from NSYC!



At a glance...

The following events will all take place at our NSYC Drop-In located on campus of:

Joseph A. Edgar School
 525 Rte. 25A, Rocky Point

Youth Advisory Meetings

October 14th - 5:30pm-6:00pm
 November 18th - 5:30pm-6:00pm
 December 23rd - 7:00pm-8:00pm

Alateen Support Group

Every Wednesday evening
 6:30pm-7:30pm

Fall Social Skills

(October 17 – December 15)

Mondays
 6:15pm-7:15pm or 7:30pm-8:30pm
Thursdays
 6:15pm-7:15pm or 7:30pm-8:30pm

Open Mic Nights

October 14th - 8:00pm-10:00pm
 November 18th - 8:00pm-10:00pm

Game Night

October 28th - 8:00pm-10:00pm

Open gym nights take place in the new gym at Joseph A. Edgar School
 525 Rte. 25A, Rocky Point

Open Gym Nights

October 14th 6:00pm-8:00pm
 (Gr. 3-5)

October 28th 6:00pm-8:00pm
 (MS)



The **Youth Advisory Committee** is expanding. YAC is a committee of students, grade 8 and up, that help guide the agency into what types of programs, services or events today's youth want. Positive contributions to the community include:

- Habitat for Humanity
- Open Mic and Open Gym Nights
- Speaking Engagements
- Mock Legislature
- Civic Meetings
- Town Clean-Ups
- Mentoring

Join our upcoming meetings and let us know what you think.

October 14th - 5:30pm-6:00pm
 November 18th - 5:30pm-6:00pm
 December 23rd - 7:00pm-8:00pm

On the campus of Joseph A. Edgar School
 525 Rte. 25A, Rocky Point

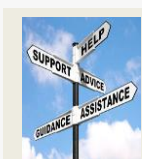
For information please contact
 Mike Leuci: mleuci@rockypoint.k12.ny.us

Pictured Above-Youth Advisory Facilitator, Mike Leuci with 2015-2016 YAC Members (l to r): Ally Greenstein, Kayla MacKay, Dylan Mulea, Vegas Darst-Horne, Nick Albo, Joe Wilson.

Alateen Support Groups at NSYC

North Shore Youth Council is now hosting Alateen meetings. Alateen is a support group for teenagers, 12-18, who have been affected by someone else's drinking whether it be a parent, grandparent, sibling, or friend.

Meetings take place Wednesdays 6:30pm-7:30pm @NSYC, Rocky Point
 For more information contact Paulette: 631-786-0368



Teen Discussion Groups

North Shore Youth Council presents **FREE** Prevention and Education groups for our teens. Groups focus on addiction, coping skills, peer pressure, risk taking behaviour, anger management, family issues, and more. Facilitated Wednesday evenings 7:30pm-8:30pm, by Peggy Ward, CASAC. Please call 631-744-0207 for more information

NSYC offers youth and family counseling. We provide professional and confidential counseling to youth and families in need.

Diane Gavares, LCSW Kelly Vecchio, LCSW Mike Leuci, LMSW

Please call 631-744-0207 for more information

Funded by Town of Brookhaven Youth Bureau, Suffolk County Youth Bureau and the North Shore Consortium

NSYC is not responsible for loss/damage to personal property and/or injury while on premises or participating in programs.

Fall Social Skills Groups



Activities and Enrichment for Positive Social Growth!
We offer Groups for Children ages 6-8, ages 9-11 and a Preteen/Adolescent Group

Weekly topics will include making and keeping friends, problem solving, assertiveness, cooperation, frustration tolerance and anger management, improving self-esteem and managing stress.

This is an 8 week program that meets once a week. The cost is \$160, with a \$25 initial intake and processing fee for new enrollees. Payment plans and scholarships may also be available for families who qualify.

Groups will be held:

Mondays: 6:15PM-7:15PM or 7:30-8:30PM

Thursdays: 6:15-7:15PM or 7:30-8:30PM

For more information or to sign up for a group, please contact Dana Ellis, M.A., Mental Health Counselor



ART

Hearts for the Arts

Hearts for the arts is a Silver Award project by local Girl Scouts that NSYC is helping by spreading the word.

The goal is to collect art supplies for children in remote villages in Honduras. Many of these children have never used crayons, markers, or paint.

In order to help these local Girl Scouts, we will be accepting all new and gently used art supplies at our main office and child care programs.

If you have any questions about Hearts for the Arts, you can e-mail us at heartsfortheartssilver@yahoo.com

School-Aged Child Care Program

The North Shore Youth Council provides school aged child care programs for families in the Rocky Point, Shoreham-Wading River, and Miller Place School districts. Our programs offer peace of mind to parents who are looking for a safe place for their elementary school children before school starts and after school ends. Children participate in age appropriate activities which may include arts and crafts, story time, board games, and they are provided with a place to meet friends for sports, homework help, and other recreational activities. Please see our web site www.nsync.com for registration information.



Doing the Cha-Cha Slide at aftercare with Mrs. Leahy

Fun Times at North Shore Youth Council's School-Aged Child Care



Building Legos at Joseph A. Edgar School



Reading at Miller Avenue Elementary



Crafting at Wading River Elementary