

Name	Phone	Link/Info
National Mental Health Crisis Available 24 Hours	#	#
National Suicide Prevention Lifeline	1-800-273-8255	
National Suicide Prevention Lifeline - Spanish	1-888-628-9454	
SAMHSA DISASTER DISTRESS HELPLINE	1800-985-5990	
Crisis Text Line	Text "NAMI" or "HELLO" to 741741	
Local Mental Health (Suffolk) Available 24 Hours		
Response Crisis Center	(631) 751-7500	24hr Crisis Hotline
Response Crisis Center - Spanish speaking families	(631) 751-7423	24hr Crisis Hotline
DASH Crisis Care Center	(631) 952-3333	24hr hotline/crisis center
Suffolk Mobile Crisis Team	(631) 952-3333	24hr Crisis Hotline - Adults (18+)
Children's Mobile Crisis Team	(631) 370-1701	24hr Crisis Hotline - Children (under 18)
NYS OMH Crisis Text Line	Text "GOT5" to 741741	24hr Crisis Text Line

NYS OMH Crisis Hotline	(800) 273-TALK (8255)	24hr Hotline
Long Island Crisis Center	(516) 679-1111	24hr Crisis Hotline
LICADD SUBSTANCE ABUSE HOTLINE	(631)979-1700	24HR HOTLINE
Suffolk Substance Abuse Hotline	(631) 979-1700	24hr Crisis Hotline
Domestic Violence, Sexual Assault Hotline	(631) 360-3606	24hr Hotline
Sagamore Children's Crisis Respite House and Crisis Respite Bed Network	(631) 370-1701	Crisis Bed Program - Children
National Alliance on Mental Illness	Text "NAMI" to 741741 or call 1-800-950-6264	24hr Support Hotline
United Way	211	24hr Resource Hotline
NYS HOPEline - Substance Abuse Hotline	(877) 846-7369	24hr Hotline
VIBES CRISIS HOTLINE	(631)360-3606	24/7 HOTLINE