



September 2018

NCR Middle School

Breakfast Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

If your student qualifies for free or reduced price breakfast, they also receive lunch at the same rate.

More Info...

Available Daily:
 WG Bagel with Cream Cheese,
 LF Vanilla Fruit Yogurt Parfait;
 Assorted Muffins & Cereals,
 Fresh Fruit

Milk Choices:
 1% White
 Fat-Free White
 Fat-Free Chocolate

Fruit Juice Choices:
 Apple Juice
 Orange Juice
 Fruit Punch

PLEASE NOTE
 Ham is a Pork product

Please contact Food Services at (631) 474-8348
foodservicedirector@millerplace.k12.ny.us
 with any food service questions.

3
Labor Day
 Holiday Observed
 School Closed

4
 Egg Sandwich, egg patty cheese on WG bagel
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

5
 Apple Frudel
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

6
 Choice of WG Donut or Yogurt Parfait
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

7
 French Toast
 Fridays
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

10
Rosh Hashanah
 School Closed

11
Rosh Hashanah
 School Closed

12
 Apple Frudel
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

13
 Choice of WG Donut or Yogurt Parfait
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

14
 French Toast
 Fridays
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

17
 Cini Mini Mondays
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

18
 Egg Sandwich, egg patty cheese on WG bagel
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

19
Yom Kippur
 School Closed

20
 Choice of WG Donut or Yogurt Parfait
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

21
 French Toast
 Fridays
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

24
 Cini Mini Mondays
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

25
 Egg Sandwich, egg patty cheese on WG bagel
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

26
 Apple Frudel
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

27
 Choice of WG Donut or Yogurt Parfait
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

28
 French Toast
 Fridays
 Fresh Fruit
 100% Fruit Juice
 Choice of Milk

Breakfast Price: \$1.75 Reduced Breakfast Price: \$.25

Adult Breakfast Price: \$2.00+tax

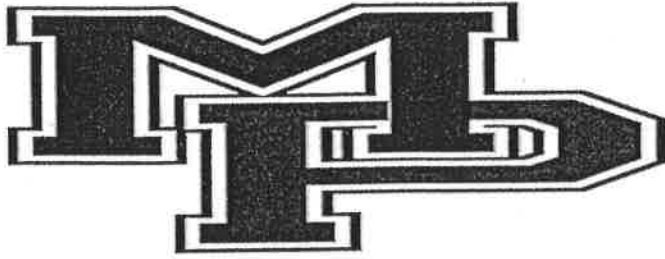
Aramark is accepting applications for full or part time employment.
 Please call (631) 474-8348 for more information.

This institution is an equal opportunity provider and employer.

Please pay online at:
myschoolbucks.com
 or make checks payable to:
 MP UFSD Food Service

Menus are subject to change without notice.





September 2018

NCR Middle School

Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

If your student qualifies for free or reduced priced lunch, they also receive breakfast at the same rate.



3 Labor Day Holiday Observed School Closed	4 Chicken Nuggets WG Graham Crackers Sliced Carrots	5 Bacon Cheeseburger on WG Bun Vegetarian Baked Beans	6 Pizza Sticks with Optional Dipping Sauce Steamed Broccoli	7 Chicken Parmesan on WG Bun Classic Green Beans
10 Rosh Hashanah School Closed	11 Rosh Hashanah School Closed	12 Boneless Chicken Wings with Optional Dipping Sauce Sliced Carrots	13 Corn Dog Vegetarian Baked Beans	14 Hot and Spicy Popcorn Chicken Baked WG Roll Sweet Corn Kernels
17 BBQ Pork Riblet on WG Bun Sweet Corn Kernels	18 French Toast Sticks Sausage Patty Tater Tots	19 Yom Kippur School Closed	20 Chili Cheese Fries Vegetarian Beans	21 Krispy Chicken Tenders Baked WG Roll Sliced Carrots
24 Hot Dog or Chili Cheese Dog on WG Bun Vegetarian Baked Beans	25 Chicken Nuggets WG Graham Crackers Sliced Carrots	26 Philly Cheese Steak with Optional Peppers and Onions Tater Tots	27 Buffalo Diced Chicken Flatbread Classic Green Beans	28 Mozzarella Sticks with Optional Dipping Sauce Steamed Broccoli

More Info...

Available Daily:
 WG Bagel & RF String Cheese,
 LF Vanilla Fruit Yogurt Parfait,
 Hamburger/
 Cheese Burger,
 Chicken Patty,
 Pizza Choices,
 Deli Bar

Milk Choice:
 1% White
 Fat-Free White
 Fat-Free Chocolate

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 must choose at least 3 of these 5 items:
 -Meat/Meat Alternate
 -Whole Grain Item
 -Fruit Choice
 -Vegetable Choice
 -Milk Choice

****One of the choices MUST be a fruit or a vegetable****

Menus subject to change without notice.
 aramark

Lunch Price: \$3.00 Reduced Lunch Price: \$.25 Adult Lunch Price: \$3.75+tax
Please Note Ham is a Pork Product

- Daily Fruit & Vegetable Offerings:**
- Assorted Fresh Fruits & Fruit Cups
 - Apple Juice, Orange Juice and Fruit Punch
 - Carrot Sticks, Celery Sticks & Tossed Romaine Salad

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